



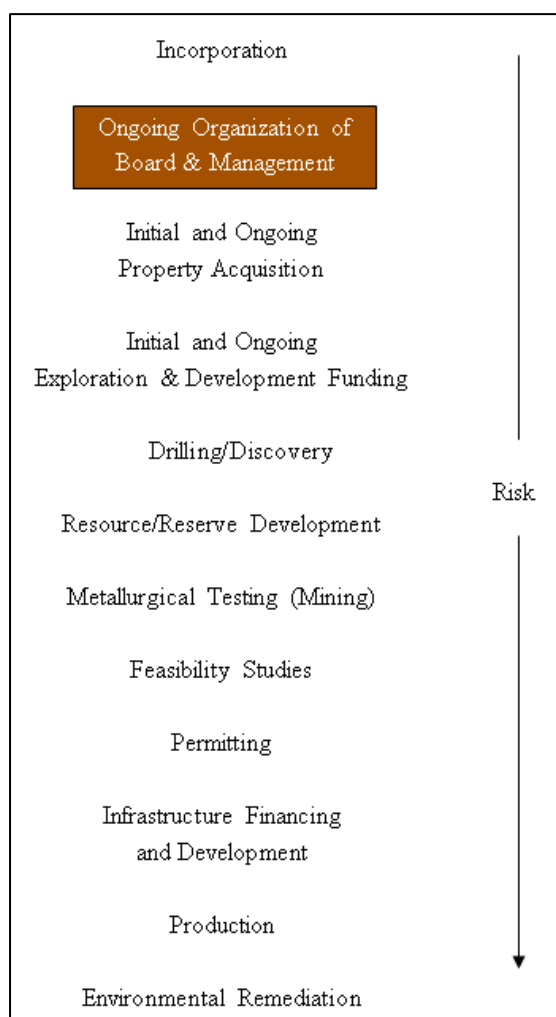
Last Updated May 13, 2009

Tutorial – Board/Executive News Data Component

Stock Research Portal helps you make better investment decisions by providing easy, organized access to current corporate data, expert commentary, and analysis. Each trading day we generate the Board/Executive News data component on the Home Page, updated every 5 minutes, by using a 'key word screening process' to segregate in a Table all the Board/Executive News Press Releases we receive that day. These Press Releases simultaneously are posted to a segregated Board/Executive News Press Release Table on the Company Data page of each of the approximate 1,650 Mining and Oil & Gas Companies and Income Trusts that comprise the StockResearchPortal.com 'Company Universe'.

Steps in Mining/Oil & Gas Company Development and Commercialization

In broad terms, the following chart sets out the 'typical' stages a Mining or Oil & Gas company goes through from inception through to production and ultimately closure. While risk assessment throughout this process varies with each individual company and typically is not as linear as it is depicted in the chart, economic risk tends to diminish as the company progresses from development stage to development stage. We think assessment of the progress each company is making at each stage of its development is critical when researching Mining and Oil & Gas Stocks. It is to that end that we have developed the segregated Board/Executive News Press Release component discussed in this Tutorial.



Who should use this Board/Executive News Data Component?

We believe the following stock market participants should use this data component on a regular, if not daily or multiple times per day, basis:

- Investors who want immediate and focused access to new Board/Executive News as a source of new investment ideas, or reinforcement or change in view of investments already made. Investors should consider visiting the Board/Executive News Home Page component each day at least once. Investors also will find the Board/Executive News tables on the 'Company Data Pages' to be excellent research tools as they provide a chronological history of Board/Executive News Press Releases issued by each Company sorted and summarized for ease of access and reference.

How to use the Board/Executive News Data Component

After you log in to Stock Research Portal you will be taken to the Home Page. Part way down the right side of that page is a heading 'Today's Company News', followed by the caption 'Updated throughout the day'.

The screenshot shows the Stock Research Portal homepage. At the top, there are navigation links: Home | E-Learning | Economic Research | Industry Research | **Company Research** | Compare & Rank Companies | My Stock Alerts | About Us. Below this is a market index bar with the following data:

S&P/TSX	-140.0	DJIA	+0.0	Gold	-3.40	Silver	+0.00	Copper	+0.00	WTI Oil	-0.91
10098.0	8574.7	911.50	13.94	2.15	57.72	More >>>					

The main content area is divided into several sections:

- Welcome to StockResearchPortal.com:** A paragraph describing the site as a free one-stop source for stock market data and research on over 1,600 companies. It also mentions the site was developed by Ian R. Campbell.
- Peer Company Screens:** A button for accessing peer company screens.
- Companies Most Alerted By Subscribers:** A button for viewing companies most alerted by subscribers.
- Today's Winners/Losers & Most Active:** A button for viewing today's winners and losers.
- Current Poll:** A poll titled "Would you be interested in playing a 'Portfolio Game' focused on Cdn Mining and Oil & Gas Stocks where the prize was a 1 oz gold ingot?". The poll options are:
 - Extremely Interested
 - Somewhat Interested
 - Not Interested
 A "Cast Vote!!!" button is at the bottom right of the poll.
- View Archived Polls!** A link to view archived polls.
- Today's News:** A section with a button "Updated throughout the day". It contains a table of economic news:

Economic News
5/11/2009 - Banks Brace for Credit Card Write-Offs (NYT)
5/11/2009 - STIMULUS WATCH: Early road aid leaves out neediest (Associated Press)
5/11/2009 - U.S. economic growth seen resuming in third quarter (Reuters)
5/11/2009 - Looking Ahead (NYT)
- Today's Company News:** A section with a button "Updated throughout the day". It contains a table of company news:

News	# Today	Tutorial
Latest Insider Trades	24	
Latest Expert Comments	5	
Latest Analyst Reports	0	
Latest Newsletter Comments	1	
Latest Company Filings	94	

Part way down the table that appears under the 'Today's Company News' heading you will see 'Board/Executive News'. The number that appears to the right of 'Board/Executive News' in the column '# Today' is the number of Board/Executive Press Release Announcements made on the day you are visiting StockResearchPortal.com, up to the time you visit. This number changes throughout the day as we receive New Press releases.

Today's Company News Updated throughout the day

News	# Today	Tutorial
Latest Insider Trades	24	
Latest Expert Comments	5	
Latest Analyst Reports	0	
Latest Newsletter Comments	1	
Latest Company Filings	94	
All Press Releases	57	
~~~~~		
<b>Company - General</b>		
<a href="#">Board / Executive News</a>	3	
<a href="#">Outlook / Guidance</a>	0	
<a href="#">Meeting Dates / Conf Calls</a>	2	

Clicking on the 'Board/Executive News' link will take you to a table of all 'Board/Executive News' Press Releases issued by the Mining and Oil & Gas Companies and Income Trusts in our Company Universe on the day you visit, up to the time you visit. Press Releases are organized in the table first by Sub-Industry (for example, Gold) and then alphabetically within in each Sub-Industry category by company name. You can read the headline for each Press Release found in the table.

Latest Press Releases << **Today's Board / Executive News**

This table, which has been generated by 'keyword searching' all Press Release headings as Press Releases are received by StockResearchPortal.com ("we" or "us"), displays data from the current trading day and, where the data is displayed on a non-trading day, from the previous trading day. Clicking on a Company Name will link to a table of all Press Releases for that Company.

Importantly, having been generated by 'keyword searches' this table may be incomplete, misleading, wrong, include wrong inferences, or may not be responsive to the topic searched – and we have not manually or otherwise verified its completeness or accuracy. Subscribers are encouraged to verify and supplement the information set out in this table through discussion with Company Management or otherwise.

**Clicking on a Company Name will link to a table of Press Releases for that Company**

Sub-Industry	Company	Symbol	Press Release Heading
Gold	<a href="#">Mano River Resources Inc.</a>	TSXV : MNO	<a href="#">Mano River Resources Inc.: Board Appointment</a>
	<a href="#">Metallic Ventures Gold Inc.</a>	TSX : MVG	Metallic Ventures Gold Inc. announces new Board of Directors
	<a href="#">Romarco Minerals Inc.</a>	TSXV : R	Romarco appoints Arnold Chief Operating Officer
	<a href="#">St Andrew Goldfields Ltd.</a>	TSX : SAS	St Andrew Announces the Appointment of Mr. Louis Gignac as Chairman of the Board of Directors

Note that all Company Names and Press Release Headings appear in 'gold font'. This means subsequent website data is available only to those visitors who subscribe to the website. Subscription is FREE. If you already are a subscriber and have not logged-in to the website, clicking on a company name in the table will take you to a page where you can log-in. If you are not a subscriber to the website, clicking on a company name in the table will take you to a 'sign-up page' where you can subscribe by providing us with your e-mail address and a password of your choosing. Subscribers who have logged in and click on any one of the company names in the table are taken a table of Board/Executive News Press Releases issued by that Company on and after December 3, 2007, the date the website was first introduced to the Internet. The current day's Board/Executive News Press Release appears as the first entry in the table, with the rest of the company's Board/Executive News Press Releases following below it in 'reverse chronological order' (i.e. most recent date first).

Click to Hide Side Bar <<

Search Company >>

Company List >>

Mano River Resourc... >>

- Company Overview
- Price / Volume Charts
- Price / Volume Table
- Price Performance Charts
- Price Volatility Charts
- Moving Avg Price Charts
- Insiders / Directors
- Company Cross-References
- Key Financial Data
- Latest 8 Quarter Data
- Insider Trading
- Expert Comments
- Analyst Coverage
- Analyst Reports
- Newsletter Comments
- Company Filings
- Press Releases
- Board / Executive News**
- Outlook / Guidance
- Meeting Dates / Conf Calls
- Financial Updates
- Financing News
- Capital Budget Updates

## Mano River Resources Inc. (TSXV:MNO, AIM:MANA)

**Board / Executive News**

The Press Releases reported in the following table are provided by third parties over whom StockResearchPortal.com ("we" or "us") has no control. Timing of inclusion is dependent on receipt of data. While we have no reason to believe otherwise, we cannot state with certainty that these Press Releases are timely, accurate, or complete. Press Releases are recorded from the date company data first was included in StockResearchPortal.com.

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Press Release Heading	Description
<a href="#">Mano River Resources Inc.: Board Appointment</a>	LONDON, UNITED KINGDOM--(Marketwire - May 13, 2009) - Mano River Resources Inc. ("Mano" or the "Company") (TSX VENTURE:MNO)(AIM:MANA) the TSX Venture Exchange ("TSX-V") and AIM listed exploration and development company focused on gold, iron ore and diamonds in West Africa is pleased to announce ...
<a href="#">Mano River Resources Inc.: Appointment of Nominated Advisor and Broker</a>	LONDON, UNITED KINGDOM--(Marketwire - Jan. 8, 2009) - Mano River Resources Inc, ("Mano" or "the Company") (TSX VENTURE:MNO)(AIM:MANA) the TSX-V and AIM-listed exploration and development company focused on iron ore, diamonds and gold in West Africa, is pleased to announce that it has appointed ...

Add Company to My Stock Alerts

Clicking on a Board/Executive News Press Release Heading will enable you to read the Press Release in its entirety.

- Click to Hide Side Bar <<
  - Search Company >>
  - Company List >>
  - Mano River Resourc... >>
- 
- Company Overview
  - Price / Volume Charts
  - Price / Volume Table
  - Price Performance Charts
  - Price Volatility Charts
  - Moving Avg Price Charts
  - Insiders / Directors
  - Company Cross-References
  - Key Financial Data
  - Latest 8 Quarter Data
  - Insider Trading
  - Expert Comments
  - Analyst Coverage
  - Analyst Reports
  - Newsletter Comments
  - Company Filings
  - Press Releases
  - Board / Executive News**
  - Outlook / Guidance
  - Meeting Dates / Conf Calls
  - Financial Updates
  - Financing News
  - Capital Budget Updates

## Mano River Resources Inc.: Board Appointment

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Severstal's representative

Following the completion of the deal with Severstal in December 2008, and in accordance with the agreement signed on 22 May 2008, Mr Zimin has been elected as the chosen representative of Severstal Resources to complement the existing Board and oversee the 6.29% strategic investment in Mano as well Severstal's 61.5% interest in the Putu Range iron ore Joint Venture Severstal Liberia Iron Ore Ltd.

Mr Zimin joined "ZAO Severstal Resources" in 2006 and is Senior Manager for Strategy and Corporate Development. In this capacity he is also Head of Business Development for Africa. Previously Mr Zimin was Deputy Director General at "OAO Kuzbassugol Coal Company" where he joined from "OAO SUAL Holding" having worked for over three years as a specialist in corporate governance. Mr Zimin graduated from the Moscow State University with a Law degree.

Luis da Silva, President & CEO of Mano commented:

"This appointment not only strengthens the Mano Board but also our relationship with Severstal in taking forward the Company's joint objectives. We have an excellent relationship with the Severstal team and we look forward to expanding on this in the future. This appointment is an endorsement of the Company's strategy as we seek to grow, especially in light of the amalgamation with African Aura Resources."

There is no other information that is required to be disclosed pursuant to Schedule 2 paragraph (g) of the AIM Rules, save as set out below:

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Current Directorships	Past Directorships within last 5 years
-----	-----
	OAO Coal Kuzbassugol
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When you have finished reading the Press Release and other Board/Executive News Press Releases or other data related to that company, clicking on the 'Home Link' on the Main Navigation Line of the website will take you back to the website's Home Page.



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Mr Zimin joined "ZAO Severstal Resources" in 2006 and is Senior Manager for Stre Head of Business Development for Africa. Previously Mr Zimin was Deputy Direct




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10101.7




DJIA +0.0  
8574.7




Gold -3.40  
911.50



Silver +0.00  
13.94



Copper +0.00  
2.15



WTI Oil -0.63  
58.00

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**Welcome back Khaled Sultan.**

StockResearchPortal.com is a FREE online one-stop source of stock market data, analysis and research on over 1,600 Gold, Silver, Uranium, Base Metal and Oil & Gas Companies listed on the Toronto and Venture Exchanges. Our comprehensive company data includes difficult to source information such as Insider Trading and Drilling/Discovery and Resource/Reserve Press Releases. Additionally, users are able to compare 'peer group companies' using a wide variety of metrics.

StockResearchPortal.com was developed by Ian R. Campbell, for over 35 years one of Canada's leading business valuation consultants. [Click here to read his biography.](#)

Peer Company Screens

Companies Most Alerted By Subscribers

Today's Winners/Losers & Most Active

**Current Poll:**

Would you be interested in playing a 'Portfolio Game' focused on Cdn Mining and Oil & Gas Stocks where the prize was a 1 oz gold ingot?

Extremely Interested
  Somewhat Interested
  Not Interested

[Cast Vote!!!](#)

[» View Archived Polls!](#)

**Today's News** Updated throughout the day

**Economic News**

5/11/2009 - [Banks Brace for Credit Card Write-Offs \(NYT\)](#)

5/11/2009 - [STIMULUS WATCH: Early road aid leaves out neediest \(Associated Press\)](#)

5/11/2009 - [U.S. economic growth seen resuming in third quarter \(Reuters\)](#)

5/11/2009 - [Looking Ahead \(NYT\)](#)

**Base Metal News**

**Today's Company News** Updated throughout the day

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<a href="#">Latest Insider Trades</a>	24	
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<a href="#">Latest Analyst Reports</a>	0	
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<a href="#">Latest Company Filings</a>	94	
<a href="#">All Press Releases</a>	64	

Thank you for reading this tutorial. We think the data components included in [StockResearchPortal.com](http://StockResearchPortal.com) will greatly assist you when researching Mining and Oil & Gas stocks.